

Welcome back to "Daway Experience" the podcast where we help you improve your English poco a poco, or podcast by podcast!. I'm your host, Aurelia, and today, we're focusing on a quick grammar refresh! The topic today is STATE VERBS.

## State Verbs

### What is a State Verb?

State verbs are verbs that describe a state, condition, or a lasting situation, as opposed to actions. I call them "HEAD and HEART" verbs because they help us express feelings, beliefs, and ongoing states. Another way to think about them is as a "state of being" (estado de animo) = emotions, senses, opinions, relationships, possessions, and states of being.

### When do we use them?

Typically they are used in the Present (or Past) Simple as they are considered as fact; something that doesn't change often.

Example: love - I love chocolate. I will always love chocolate. I have always loved chocolate.

### Types of State Verbs

#### *Mental States:*

I separate these into:

HEAD - think, believe, understand, forget, know, imagine, remember

HEART - love, like, hate, enjoy, prefer, want

But they can also fall under *Physical States:*

These are more like ideas than active states, eg - own, have, possess, exist, contain

### The Exception to the Rule

The general rule is to use these verbs in the present simple. HOWEVER, there are moments when we use these verbs to refer to a specific moment in time, rather than the overall idea.

Eg: "I'm loving it" - Macdonalds (I am really enjoying this specific burger)

I am finally understanding this maths problem. BUT I understand or I don't understand

Side by side:

- “you are stupid” = it's part of your personality
- “you are being stupid” = only now, not usually
  
- think = have an opinion - “I think that coffee is delicious”
- think = consider, have in my head right now - “What are you thinking about?”
  
- have = own - “I have a car”
- have = part of an expression (bath, picnic, a good time) - “I’m having a break”
  
- see = see with your eyes / understand - “I see what you mean”
- see = meet / have a relationship with - “I’m seeing my friends later”

CONTEXT IS ALWAYS IMPORTANT

The Most Common State Verbs to Know

<b>Mental</b>	<b>Emotional</b>	<b>Possessive/Size</b>	<b>Perception/Other</b>
know	like/dislike	belong	hear
agree	love	own	seem
believe	hate	have	appear
feel (head/heart/texture)	need	weigh	look
think	wish	include	taste
understand	enjoy	consist	smell
imagine	hope	contain	sound
remember	adore	lack	depend
forget	value	fit	mean

realise	despise	possess	promise
acknowledge	long for		suppose

## **Writing/Practice Questions**

1. Do you own a house?
2. Do you own a car?
3. What do you hate doing at the weekends?
4. How much do you weigh?
5. Do you remember the name of your primary school teacher?
6. What music do you like?
7. Do you believe in aliens?
8. What do you need to buy from the supermarket?
9. Who do you adore?
10. What hobbies do you enjoy doing in your free time?
11. Did you forget to do something this morning?
12. What items do you possess?
13. How do you feel about learning English?
14. What do you hope for in the future?
15. Do you understand this grammar point?

And that's it for today everyone! Happy learning :) Don't forget to look at Teacher Jack's blogpost about State Verbs that comes with activities for you to practise.